



# **Monitoring and Evaluation of School Health Activities**

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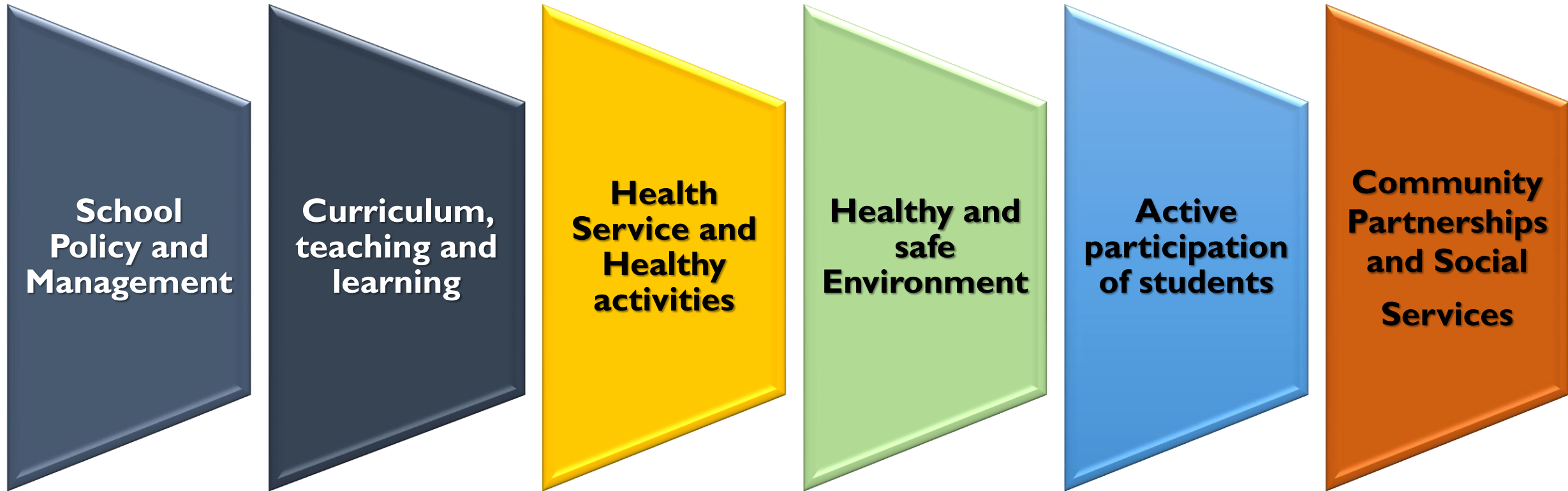
# Health Promoting School

- **A Health promoting school (HPS) is a school that constantly seeks to strengthen its capacity to promote healthy living, learning and working condition' (WHO)**



# The Health Promoting Schools **Framework**

consists of six areas



- It serves as an ongoing reminder to consider the importance of working across all areas and facets of the school.
- It encourages a coordinated and comprehensive approach to the planning and delivery of school activities, programs, policies and environments

# Five year Comprehensive School Health strategic plan (2017-2022)

## Four Strategies

S1. Strengthen Health Promoting School structure and System

S2. Improve health and well-being through health literacy and health services

**School Health and Adolescent Health**

S3. Harmonize health and education through health promoting school

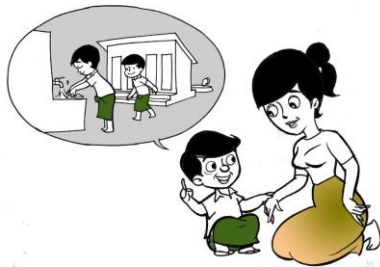
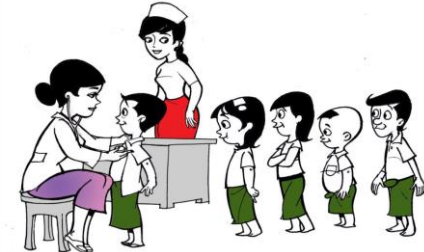
S4. Strengthen communities participation in Health Promoting School Activities



Myanmar National Comprehensive  
School Health Strategic Plan  
(2017-2022)

# Strengthening Health Promoting Schools

## Nine Activities



# To Strengthen Health Promoting School in structure and system, we need



1. **School health Policy**
2. **School Health Law & Law enforcement**
3. **Coordination-PTA/Teacher/Students**
4. **Budget**
5. **Innovative Approach**
6. **School Health Champions**
7. **Monitoring and Evaluation Framework**

# School Health Week event, Loikaw (15.8.2019)



## School Health Week event, Loikaw (15.8.2019)



# Current Monitoring and Evaluation

**School Level**

**Biweekly with checklist**  
**Monthly meeting and discussion by principle**

**Township Level**

**Six monthly and feedback by SH committee**  
**Quarterly and feedback by THD**  
**Every month supervision**

**District Level**

**Six monthly and feedback by SH committee**  
**Quarterly and feedback by DHD**

**S/R Level**

**Yearly and feedback by SH committee**  
**Quarterly and feedback by S/RHD**

**Central Level**

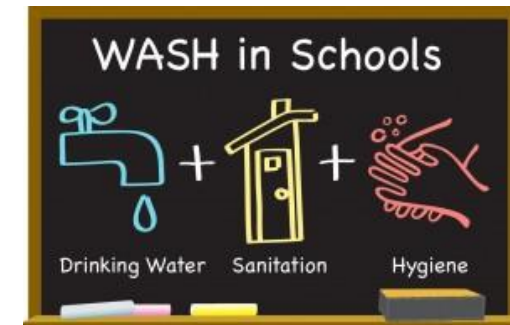
**Yearly and feedback**



# Monitoring and Evaluation by HMIS system



1. Percentage of Schools examined for school health care
2. Percentage of primary students examined
3. schools with a full standard ratio (50:1) of sanitary latrines
4. Percentage of schools with access to clean water
5. Percentage of schools with nutrition promotion
6. Percentage of schools with health promoting school activities

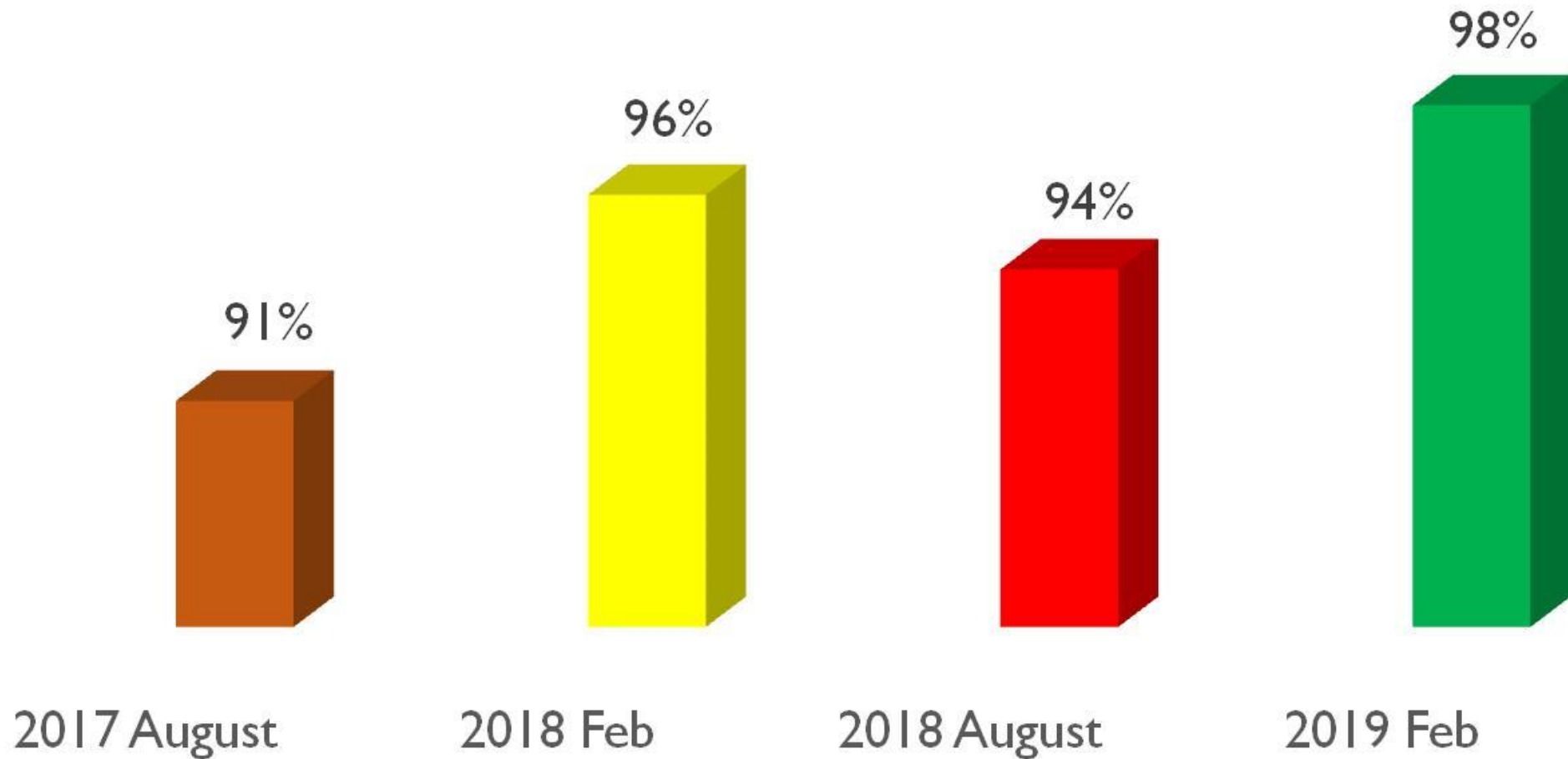


# **(2018-2019) School Year**

## **(Health Management Information System)**

1. Percentage of Schools examined- **100%**
2. Percentage of primary students examined- **100%**
3. Percentage of schools with fly proof latrines with standard ratio (50:1)-  
**89.5%**
4. Percentage of schools accessed to clean water- **89.9%**
5. Percentage of schools with nutrition promotion- **65.6%**
6. Percentage of schools with Health Promoting School activities- **43.3%**

# School based Deworming Activity Achievement

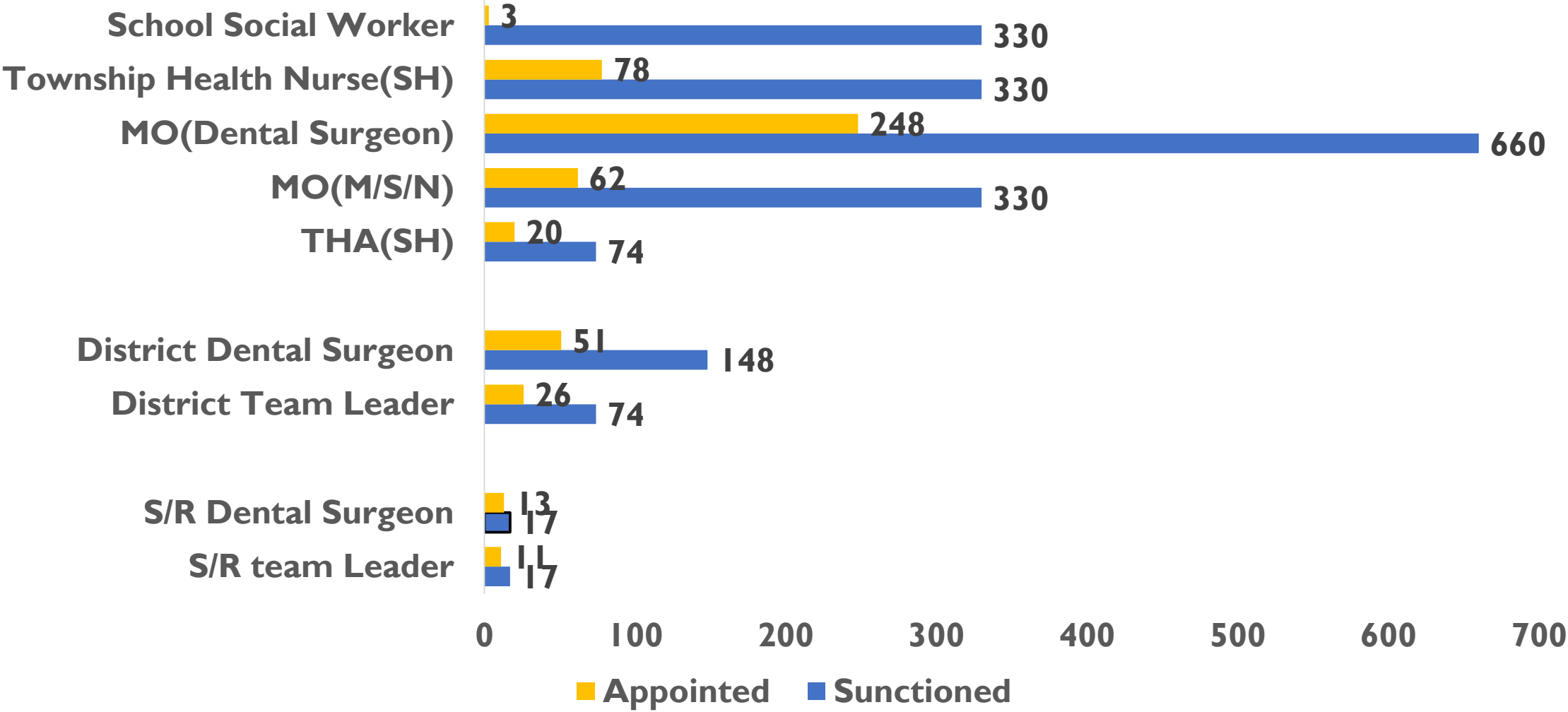


# Current Monitoring and Evaluation

need to be updated to get coordination in monitoring framework

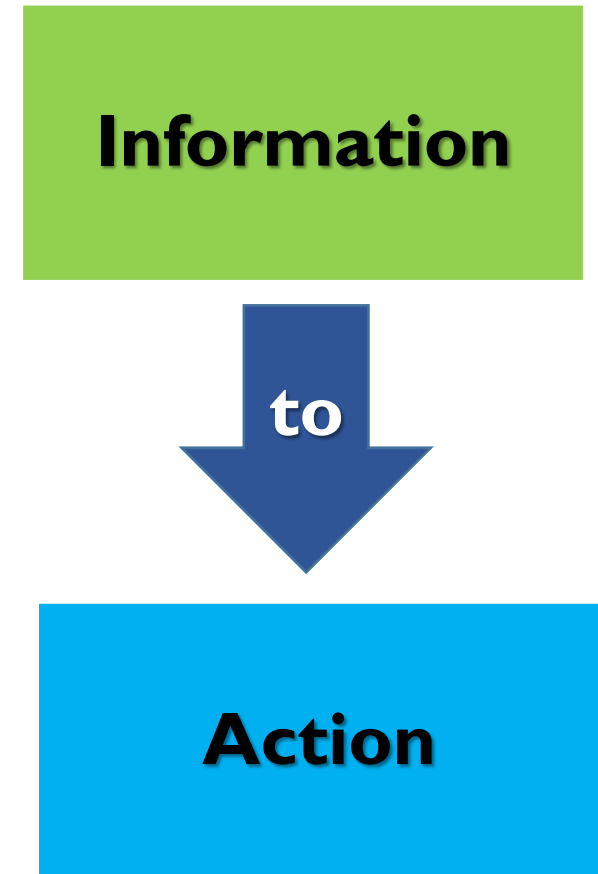
1. **Review and revised checklists and report forms**, School Health indicators, and Health Promoting School checklist jointly by both MOE and MOHS
2. Review and develop new indicators for School Health services- **9 activities of Health Promoting Schools** : eg: No specific indicators and reporting formats for physical activities
3. **Annual SH evaluation meeting** with School Health Focal/ Personals form states and regions, district and township level
4. **Regular supervisory tours** to selected townships and selected schools

# E.g.; Holistic Review: Man Power



# The respective stakeholders, data and reporting channel are crucial!

- School Principal
- School Health Focal Person/teacher
- School Social Workers of school health team
- Local School Health Team
- Coordination between the two ministries
- Data validity and reliability
- Reporting Channel



# School health medical record card system

- School medical record card established many years ago, however it is not available countrywide due to budget.
- Annual requirement for school entry – approx. 1,000,000 record cards- deliver this academic year.
- Difficult to collect, analyze and interpret all data to assess the health status and trend of disease among students

# To establish countrywide Computerized School Health Record Keeping System

- 3 Pilot Townships this year(Kalaw, Thanlyin and Pyinmanar)
- Aim to Link to EMIS(Education Management Information System  
later)



# Monitoring by Research

- 2016 Global School-based Student Health Survey (GSHS)
- 2017 Health Behavior Assessment among adolescent students in Private and Monastic schools
- 2018 Knowledge, Attitude, and Practice on Oral Hygiene among 3<sup>rd</sup> and 4<sup>th</sup> grade students
- Implementing Researches during (2019-20) school year





**THANK YOU  
FOR YOUR KIND  
ATTENTION!**