



# CORONAVIRUS DISEASE 2019 (COVID-19) **COVID-19 LAKA I LO HIM NAN NANGMAH ATANGIN BUL TAN RAWH**

## COVID-19 inkaichhawn theih dan

- Thawna dawta natna hrik a lo luh avanga inkaichhawn.
- Thil sakhata natna hrik hnawihkai tawhna kuta khawih emaw, deh emaw atanga kaichhawn.

## Natna hri vei rinhlelawmte

- Ni 14 kal taah khan China rama khualzin emaw, Coronavirus Desease (COVID-19) natna avanga thaw lak harsate nena chengho tawhte.
- Khawsik san (38°C/100.4°F chung lam) awmna, thawk harsat leh chau ngawih ngawiha awmte.



## Natna laka inven dante

- Coronavirus natna (Thawk harsa) te nene inhnim hnaiha awm loh tur.
- Kut sil fai deuh reng tur a ni.
- Khuh leh hahchhiau apiangin hnar leh ka hup tlat tur a ni.
- Tissur paper hman hnu bawhlhlawh bawma paih zel tur a ni. Kut fai taka sil nghal tur a ni.
- Mimal faina ngaih pawimawh tur a ni. Chakna pai tam chi chaw tha ei tur a ni a, mut kham leh a hun taka chawlh hahdam ngaih pawimawh tur a ni.

**Puipuina hmun leh awm khawmna hmuna kal loh tur a ni.**

- Ran vulhte chu indaidanna tel lovin khawih miah loh tur a ni.

**Coronavirus Desease (COVID-19)  
thawk harsatna vei nia hriatte chu a  
rang thei ang bera Health Department-a  
kalpui vat tur a ni.**



Chipchiar zawka hriat i  
duh chuan he  
QR Code hi SCAN la,  
chhiar ang che.

