# "Medical Students' view on surgical anatomy and basic surgical skill training with Silent Mentors: An ASEAN University's experience"



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#### Acknowledgement

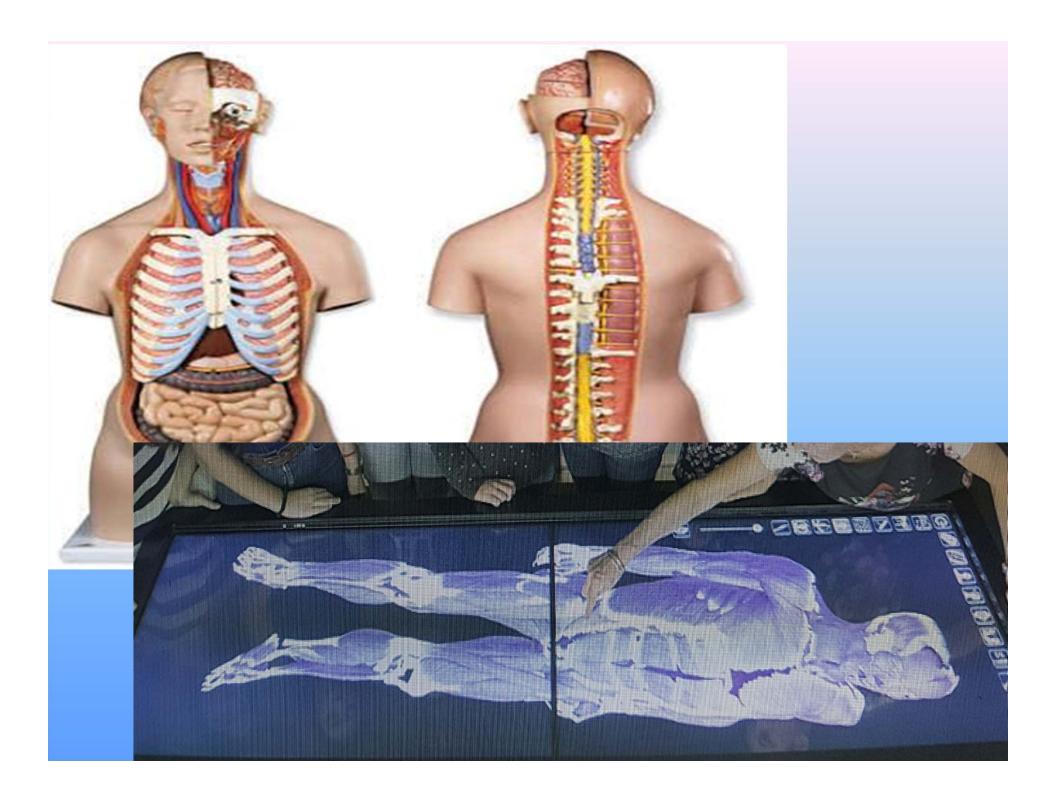


Gratitude to Prof. Daw Mya Mya

#### Introduction







# Silent Mentor Concept Tzu Chi University

- At the turn of the Millennium, Silent Mentor program concept was initiated by Dharma master Cheng Yen from Taiwan.
- The greatest suffering in life is illness.
   If doctors can save more lives by learning from our donated bodies, that would be of great worth."

## Silent Mentor Program in UM



- With the help of Tzu
   Chi Foundation and
   Xiao En group in
   Malaysia, University
   Malaya started SMP in
   2012.
- Aim: to provide a humanistic medical education program and research

#### Objectives of the SMP program

- 1. to promote the social trend of body donation for medical teaching and research in a multicultural and multi faith society in Malaysia.
- 2.To enhance the standards of medical education and research.

3. To facilitate the development of excellent ethics and humanity among health care professionals.

## Objective of this study

 To determine the medical students' view on Silent Mentor program which they participated throughout the program.

# Methodology

# SMP Activities as Undergrad. Medical students

As it is Integrated System, "Introduction to the SMP" Lecture is given in Year 1 Medical students' lifeand called for Volunteers for workshop to get some exposure!

# Online Registration through SMP Website for Year 3-4 students one month before actual workshop



### **Briefing for activities**

- Group assignment (8-10 medical students per mentor) (1-2 from other local/ international students)
- Team Leader
- Tentative dates for activities

## **Receiving the Silent Mentors**









#### home visits









#### **Home Visits**

- By visiting and interacting with the family members, medical students learn the life stories, medical illness and expectation/wills of the Silent Mentors as "a person" rather than a cold cadaver.
- The medical students also will look upon the Silent Mentor as a role model that practice altruism.
- Prepare for presentation.

# Thawing and transferring our Silent Mentors

- Usually on Sunday afternoon (Today at UM), just before the actual workshop program starts.
- According to the assignment, students are in group to handle their respective mentors with utmost respect and gentleness.
- Volunteerism.











# Brief Introduction of Silent Mentors session

- Medical students share their experience of home visit.
- The life story, medical illness, how to know the Program, the words of late Silent Mentors (their expectations to medical students) are prepared by students in ppt (video recording).
- present to the family members and Faculty members.





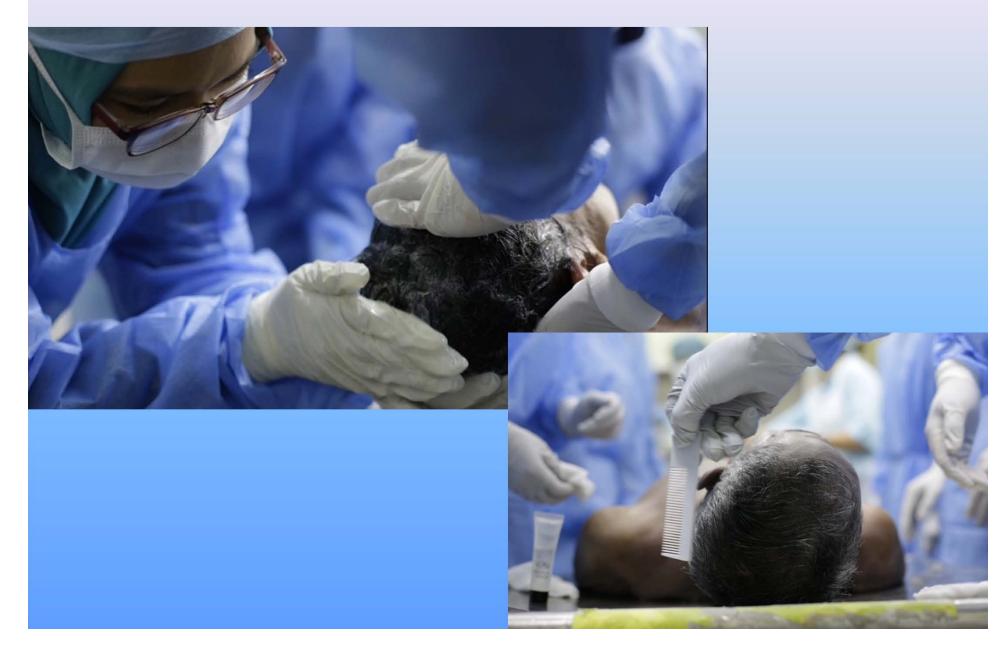








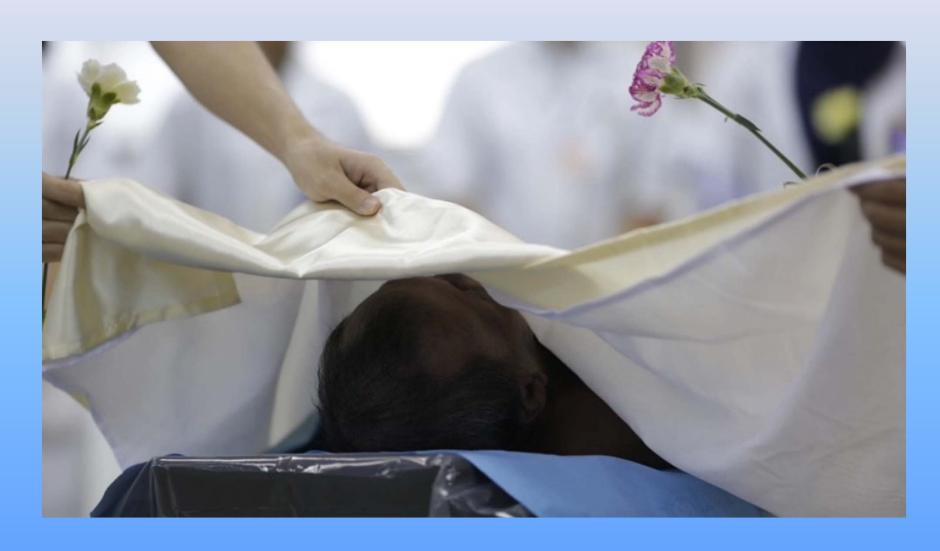
## Preparation for Initiation ceremony



## **Initiation Ceremony**



## Last view by family members



## Specialty workshop



#### As Volunteer at speciality workshop



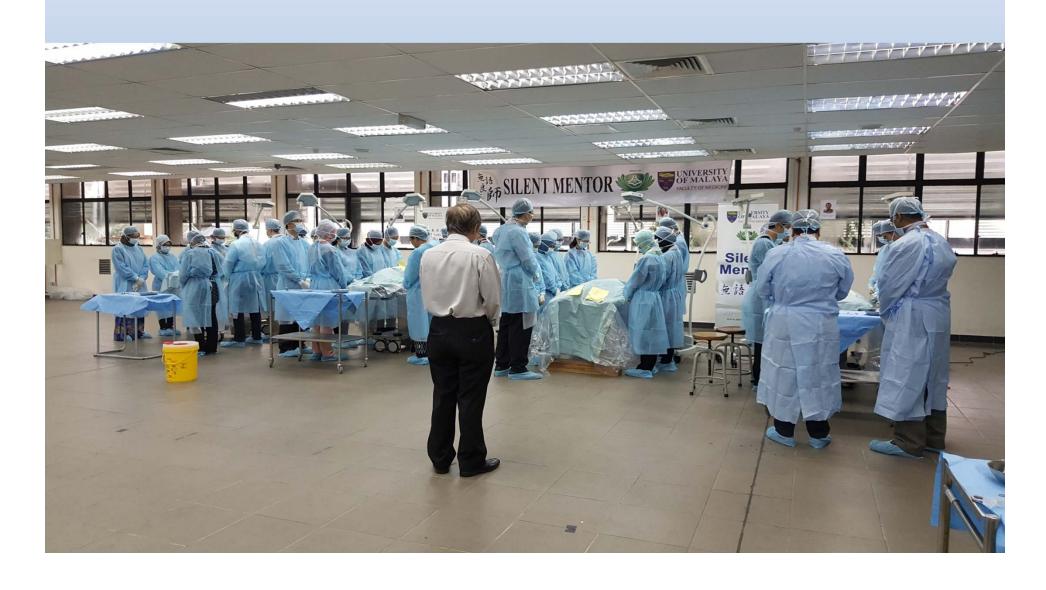




# Surgical Anatomy & Skills training for Medical Students



# Silent Prayer before any workshop





#### Intubation



#### Chest tube insertion



### **CV** Line Insertion



# Demonstration of other surgical procedures & Surgical Anatomy Session

- Midline Abdomen
- Pfannenstial Incision
- Appendectomy
- Fasciotomy
- Carpel Tunnel
- I&D Abscess & more...





## Preparation of Silent Mentors at the end of workshop







## **Gratitude Ceremony**







## Sending Off Ceremony







 After gratitude ceremony and sending off ceremony, medical students were asked to write their veiw and impression on the program and advise to submit in 3 days.

 The students' view were analyzed under following aspects.

#### Results and discussion

- Analysed in 4 main trees:
- 1. Receiving Silent Mentors and Home visit
- 2. Knowing mentors' expectation
- 3. Students' view on entire program (skill training and humanity)
- 4. Students' promise to become compassionate doctors after the program

#### Results and discussion

- All students expressed that in addition to learning surgical anatomy, procedures and skills, they also learned about empathy, sacrifice and respect to their selfless silent mentors and family members.
- They felt that the emotional and practical experience is very different from performing surgical procedures on mannequin.

#### Results and discussion

- Silent Mentor program offers a different approach in selected fields of medical education.
- In addition to helping students to learn about human anatomy and acquire basic surgical skills.
- it also helps to shape the students to become a more holistic and compassionate doctors..

#### Conclusion

- SMP forms the core teaching curriculum.
- provide medical education in a holistic approach with the concept of "appreciation of the life and great love".
- strongly believe that medical students and medical professionals will become more competent and more compassionate doctors through this program because of the selflessness and unconditional love of the Silent Mentors without any boundaries.

Website: www.silentmentor.org

- YouTube:
- Silent Mentor workshop review University Malaya

• Email: silay@ummc.edu.my

# A Great Doctor is inspired by Great Mentor.....



# Deepest Gratitude to all our selfless Silent Mentors



## Launching of SMP at UM1



#### Collaboration of UM & UM1



# Initiation and gratitude Ceremony at UM1

