

Population Oriented Health Interventions

We have been systematizing the activities of our health care delivery system for almost eight months. However, there are still many things to be done and many are yet to be completed. It is an unfinished agenda for the Ministry of Health and Sports. During the ongoing process, strong bonding, cohesiveness, meaningful communications, conflict of interest free viewpoints and mutual understanding between health professionals of central level and states/regional Directors (both public health and medical services) are essential determinants for achieving our common objective of improving the health status of the population of our country. One important aspect that health professionals should always contemplate is **“interventions of health programs always need to be considered or viewed from the perspective of recipient population - either hospitalized patients or people in the communities”**.

Most of the time, health professionals tend to overlook this aspect as we generally pay more attention on technical perspectives of health interventions. It is very important that views and thoughts from the recipient population must always be put to the forefront. In other words, all our actions or interventions must be population-oriented. All interventions that we are going to field in the community must always be monitored - however simple the monitoring process may be. The two perspectives of **“population orientation and monitoring”** must always come hand-in-hand. These two entities, together with a notion of sense of ownership (October 2016 newsletter), will definitely lead to success.

So, let us work together earnestly as a closely knitted team to effectively serve the population of our country.

(Excerpt from one of the speeches delivered to health staff by Dr Myint Htwe, Union Minister for Health and Sports)

(MoHS Newsletter : Vol.1, No.2, November 2017)